

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ethan de Kock**

Has successfully participated & completed the

**Lamb Race Cowhouse Cross Duathlon 2017 #5**

held at Cowhouse Market.

**TIME 00:05:22**

**PACE 11.18km/h**

**GENDER 2 of 6**

**OVERALL 2 of 7**

**SUB-NIPPERS 1 of 4**

10 September 2017, Sun

Date



*BoutTime*

Signature

